

### e Totempole April 2002

Dear Friends

This is the first edition of the eTotempole in PDF format. We hope to distribute it a few few times each year and would welcome any input especially journeys, articles stories, Photographs etc.etc.

As this is the first isue, I have included all I have been informed about. The notice about this project has been on the webpage for the last 2 months. If you would like to submit something for the next issue, which will probably be out in August 2002 please send it by August 10th 2002 to Mary Diggin: animalwork1@yahoo.com.

Please feel free to distribute this by email, printing it out or even uploading it to your homepage.....the html link would read similar to <a href="etotem.pdf">etotem.pdf">eTotempole</a>.

You need simply to upload it as is ie in PDF format.

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### Audrey Dickson Interviews Yves Chavanne

I am fascinated by the work Yves is doing and how the animals have helped him and his clients. I hope you will enjoy this interview with him too.

### A. Yves, I have known you for a long time now but could you just tell me a little about yourself.

Y I work for the local employment services, I am a mediator and my role is to work with people who are left behind, not only by the tiger economy but also by the rest of Irish society. That would be lone parents, long term unemployed (those who have been unemployed for more than three years), people who would have left school early who would have had problems with reading and writing, women trying to come back to the work force after rearing their family or because they have separated from their partners, people who are referred to us suffering from learning or physical disabilities, travellers, refugees, asylum seekers, ex-offenders, addicts.

### A Do you find you get depressed working with these people?

Y No. What I have found out is that it doesn't pull me down at all, on the contrary, the more I hear about their stories the more I feel "wow", the strength of the human spirit, their creativity, how they survive, their resourcefulness as they go from one crisis to another. You know a drug addict has to be resourceful find £250 a day to feed his/her habit. Very often these people are labelled by everybody as the scum, the scourge, the dregs of society, so they have a lot of problems believing they are worth something - that they can do anything. And that is why, when I work with them I introduce the animal of power so they can recognise that the power is within themselves. These people are survivors, so the animal of power can be a support for them in times of crisis.

My bear, my animal of protection, was a great help for a long, long time. My wolf is absolutely brilliant he is so full of love and acceptance and respect. My butterfly taught me patience, like microsurgery you know – keep at it, keep at it. That is why I am not popular with my employers - I won't give up on anybody. I won't debt file anybody. If they disappear for six months, so what? When they are ready they'll come back. I might make a phone call, or bump into them in the shopping centre or outside the shops. I say "How are things, you know I am still here."

The Outreach Programme was set up because the men were not using the available services. The woman who set it up was brilliant but she was crying with frustration, and had to leave the job. She just couldn't do it any more. This is where I have found the animals great. So she stepped down and I took her place. Then I stepped down and the men took it over. There is the Outreach Programme and what has been created so far is the men's group but now we are trying to build up leadership in the men's group so that they can form men's groups or support groups in other areas. These men will become community activists. We have started with a first course where they learn about committee work so that they become autonomous for their own funding instead of depending on us. And now what we want to do is a course on community development. I got training with Steve as I wanted to introduce the animals to my workmates but they are not interested. I find community activists much more open and ready for the holistic approach.

The management said we need structures, we need research. But these people are ready to work with us now and we must trust them to know what they need.

### **MARY**

I remember five years or more ago there was a lovely young woman, Mary, she was seventeen at the time and had dropped out of school. She was a drug addict. She would come to us when she was in a bad way. She would make appointments, then she wouldn't turn up. She had never had a childhood, she was sexually abused, had to look after her family, you name it, she had been there. But she was very sharp.

### A Even when she was on drugs?

Y No, but you could see that she was sick because she needed the stuff . If she had had her fix she func-

tioned and was brilliant. As soon as it started to wear off she was back again with a one track mind. So we were getting nowhere, because she wouldn't trust anybody, and you couldn't blame her - she wouldn't go to the community drug team, or counselling. So one day I said, "Let's try something crazy" and I told her about the Totem Pole and all that. She was interested and said "Let's try. So I gave her a session instead of just having an interview and she cried for one hour. She didn't even notice she was crying. At the end of the session I asked her what had happened and she said she had met her animal of power which was a seal and the seal had taken her for a swim. There was something very, very disturbing about



Audrey Dickson, Ireland

her. She never looked at you when she spoke, she was always fidgety, and she was always in a kind of tension. She told me that she had relaxed and played with the seal for a whole hour. She felt free with him, she could come to him and hold him and he accepted her totally as she was. She had fun where she had never before had fun in her life. When she had finished telling me, I realised that she was looking at me. We were talking and she wasn't fidgeting. I asked her what was the thing she liked the best about the seal and she said, "His eyes, the way he looked at me, he wasn't judging me and I could look at him", and I said, "Mary, do you notice something now? Do you see how you are looking

at me?" She was looking straight at me for the first time. She made an appointment with my secretary for the following week and after she left my secretary came in to me and said, "What have you done?" She also had noticed the difference in Mary after the hour.

### A Did she communicate with you during this hour?

Y No. I just sat there saying "It's all right, this is your space, this is your time, it's OK, trust yourself." I just encouraged her. Then she didn't turn up the following time so I phoned her and I think she was embarrassed by what had happened. So I bumped into her again at the shopping centre, I reassured her, and she came back. She was much better and she started keeping her appointments. When I had been at an Aquarium with my little daughter, Stephanie I had bought her a little seal with big eyes and I asked her if I could lend it to Mary. Mary took the seal and went home to get herself off drugs. She didn't go to a

residential centre, she did it with daily support and acupuncture. During her drying out period she would go to a chill room with soft music and easy chairs. Each time she went she brought her seal with her and did a guided meditation. Then she decided she wanted a job. She loved working with wood so I got her a job in a company in town which makes furniture. Mary is very streetwise and doesn't take anything for granted so she came back from the interview and said the man was messing her around and was going to call her back in three weeks. She said "Either I have the job or I don't have the job." I said, "I know Bill and if he told you you will have the job, you will have it." So I phoned Bill and he explained why he would need three weeks. To date he had only employed men so he had no ladies toilets, but he was so impressed with Mary that he was going to build a ladies toilet on his premises in order to give her a job. She just couldn't believe it! I said to her, "I know Bill, he is going to test you. He put her on the dirtiest job, the sander, they called her Dusty - but she stuck it. In time she changed jobs. She needed more money and wanted to go into retail. She's very good at communication - she could sell ice to the Eskimos and sand to the Arabs. She came to me and I said "Do it, if that is what you want to do."



Yves Chavanne

Eventually she bought a car. It broke down. She bought another one. She's doing very well.

### A Did you do any more animals with her?

Y No, only the seal.

### A How long ago is that?

Y It must be a year or more now.

Since then she has sent me her brother and her father. Her brother was a gambler. First of all I got him on a scheme, into Gamblers Anonymous, and then a job in security. Her father has decided he is too old to go back to work but he is getting involved in the community.

### A Did you do animals with them?

Y No, I don't know why. But I have done it with a few other clients. There was another young man who wanted to work in media. I left him to find whatever animal came came up for him. I trusted the process, It was the animal of communication! He's in college now. I only did a couple of sessions with him.

### A And do they continue with their animals?

Y I don't always know. I know that I have asked Mary and she has her own little seal and sometimes she puts on a tape, relaxes and visits her seal.

### A And have you done group sessions?

Y Yes, I have done them with the men's group. We did a series of seven so that they could meet all their animals, but what happened was that not everybody was turned up for every session. But they all turned up for at least a couple of sessions and got some benefit from it. Some of the men are very nervous of it, but two of the guys completed the series and one of the them went on a weekend workshop. At the same time I think he is a little bit scared of it too. He is more into Buddism and meditation and I respect that. I don't think the animals are the answer for everybody. I think they are a tool.

### A Have you ever had problems?

Y No, never. There are a lot of fears about working with addicts because of unpredictability - and exoffenders as well. There would be a lot of young people would be there for GBH. There would be fights, the macho thing, like "Who are you looking at?" and a knife would be pulled out. But no, I have never had any problems.

### **TONY**

When we launched a report about the men's group done by a professor from the university, I insisted I wanted two of the men to go up on the platform and tell their own experience in their own words. A year later the people remember what the two men said and they don't remember what the professor from the university said which is quite interesting. One of these men was Tony. He had been retired by his employer 15 years ago and was left with nothing but hassle and trouble. He went to see a social worker who said "Why don't you join the men's group?" In his mind was that the men's group was about playing darts, talking about football, whatever, but he decided he had nothing to lose so he came down next morning. I don't know what he expected but he said, "I was greeted by this "Indian" with long hair and a medallion (that's me) and he seemed OK and then he asked us to lie down on the floor!" And he thought "That's it now, I have joined a sect." But he decided to go with it and he enjoyed it very much. Now he is the secretary of the Outreach Programme group, and the other man who did the animals is the chairman. The men have now set up their own structures, with a secretary and chairman and have their own bank account (which many of them don't even have for themselves). When he did his animals Tony had a black panther. He merged with the panther, could really feel the panther's presence and could see it in black and white. He mentioned that to somebody and they said "Yes, cats only see in black and white." He was really blown by that. One of the guys in the group was made redundant and we found out that he didn't get any redundancy money. So we did a calculation that he was owed about £1500 so we wrote to the employer from the men's group. We said "You are not messing with one single guy here. What are you going to do about it?" They didn't reply so we got papers for this man who couldn't read and write to go

to the employment tribunal. When the day of the tribunal came Tony and another of the guys (who can't read and write either) went with him just to support him. Tony went with his panther who wasn't going to be impressed by judges. The employer had a solicitor, a barrister and the company secretary with him who said that the man was not reliable so he was sacked. The judge turned to the other party and asked what he had to say. Tony stood up and said that even if his friend was sacked he had rights. He had worked so he was due holiday money, etc. The judge asked "Who are you? Are you a solicitor or a barrister?" Tony (supported by his panther) said "No, I am a member of the men's group and have been unemployed for the last 15 years." Tony is very good with words and the judge was very impressed. So they had a recess and decided to settle out of court. The man who had been sacked wanted to take the settlement offer of £1500 but Tony's panther said"No!" So they came back and offered £3000. They were afraid that he would go for interest on the money over the years and claim for the distress caused.

### **PATRICK**

One day Patrick came to see me. He used to be a truck driver, but he had had an accident, had been out of work for 5 years because of his bad back, and was totally depressed. His wife dragged him along the first time and she talked for an hour. Patrick was nearly catatonic, so I said I had to see him on his own. I got him to join the men's group, he met all his animals and now has a job in Youth Reach. He has no more pain in his back and he is chairman of the men's group. I am not saying it is the animals on their own that have created this change because he now has a job, goes out of the house, and has the support of the men's group, but I am 99% sure that the animals were one of the cornerstones that allowed him to grab the opportunities.

### **JOE**

Joe is brilliant. He is the one who is afraid of the animals - afraid and fascinated at the same time. So I do a series of one to one sessions with him. All these people are going from one crisis to another. The guy comes home and the plastic bag is outside the door. His wife wants him out of the house. He calls the guards who tell him to let her cool down and go home tomorrow. That guy is not in a state of mind to do the animals. He is looking for a place to sleep. That is the kind of thing these people are dealing with.

### **SAM**

Actually I have a lovely guy at the moment. You see scars all over him. He is the son of one of the women in the centre who is on a back to work scheme. He is just out of prison. He really looks the part and he is the nicest fellow. He was in for GBH. I had a job for him and something happened and the job wasn't coming up and he was getting very worried. You know, the frustration of it. But I had a chat with him, I bumped into him outside the church, a young chap of 23 who he has been in and out of jail since he was 15. He's a lovely guy if you reach him. Yesterday it was brilliant. Just before leaving work a fax came in about the job, an exciting job. It's outdoors, it's restoring old buildings - you know, stone work - he loves that, doing things physically, with the satisfaction of seeing a finished product. He would not be the kind of guy who could work on an assembly line, he would go ga-ga with frustration. So I phoned him on his mobile. "I'll wait for you outside the job as we are closing now, I'll show you the stuff, you can think about it over the weekend and I'll see you on Monday." "OK," he says, "I'll owe you one." He's a lovely guy but everyone is terrified of him. Why is he like that? He has been abused. What is very interesting - I was talking for ten minutes with him and again my animals said, "Ask him." I said "Do you mind me asking you something? Have you been abused? You don't have to answer." He said, "How do you know?" I said "It takes one to know one!" What is interesting is that his mother had suspected that. So there is a lot of anger and a lot of pain. But like a lot of young men he cannot express his pain so he turns it into anger. You hurt me, so I am going to hurt everyone else. I know I went through that myself. That was my way of behaving for a long, long time. So the animals are a great help. Not only with my clients, they are also a great help to me.

### A How long are you doing the animals?

Y Since about 1990?

### A What was the thing that held you there?

Y To tell you the truth, the entertainment value. It's better than any film or cinema.

### A Do you think the benefit in what you do stems from doing the animals yourself or from giving the animals to those you work with?

Y I think both. From my animals I have learnt to look at the world and people differently which means that it would be very difficult to shock me. Also knowing that we all have our own resources is a big lesson. This is confirmed by clients who are using their own resources but may not be aware of the internal resources they possess. Maybe the animal is a way of putting a face, a picture, a symbol on what your resources are, a way of dialoguing with them, of being more systematic about them, of realising you don't need to go outside for help or put yourself in the hands of a specialist. I took the training again as I thought I needed to be more wise and sure, and more trusting. Before I did the training I would have been driven by the expected outcome while now it is more about the process, allowing whatever happens to happen. When I work with the animals I have no control because the animal taps into the client's own inner wisdom. It's like a supermarket, people can pick and choose and whatever people get is OK. It's not what I expect them to get but more and more what they choose. I know as well, from listening to the stories of other people, that what their animals say or do makes sense to them. They are their own animals and they are very personal. But it always makes sense to me too. As I have been through the process myself I know how gentle and how powerful and how safe it is. Maybe I can pass that on. Maybe people sense that from me and are willing to try it.

### A So where do you go next?

Y We are building a room in the garden and I will do one to one work there. I have been invited to work one to one with some of the people on the scheme. I want to work with the BOND project. It is an organisation that works with ex prisoners, so when they come back into society they have access to courses, but they are mostly catering or computer courses. I am going to approach John Lonergan, Governor of Mountjoy Prison, about using the time in prison as a moratorium time. A lot of prisoners are just taking any course because they are so bored. I would like to use the skills of adult guidance and counselling to look at courses that would be of benefit to them and then to look at the follow up. I have a few clients who might have started and done their junior course, and then they started on their leaving cert, and then because of the lack of accommodation one Friday they are told, "Good news for you, on Monday you are out", and maybe three weeks down the road they were due to sit their leaving. Once out they don't get the opportunity to sit their leaving. But I have got a lot of flack from the people who work with prisoners because I do the job instead of talking about it. I want the people on the BOND programme to meet their animals and to do the training. They are the very open minded and, of course, in prison you have a captive audience.



### In Memory of Mick Grant



**Dear Friends** 

The Animal Community lost a dear and valued member when Mick Grant died last month. I find myself wanting to express some of the deep sadness I feel at his loss and share some of the memories I have of him. I first met Mick at a training in Ireland when I was assisting Steve. That week I had brought my dog and her six 2 week old puppies and over the antics of these animals we had our first connection. I remember him in his shyness and strength and deep integrity. Over the three years of that training, Mick embraced his growing fully and deeply. He also embraced all of us who were there with him. He became our Fire Keeper and Guardian of the Staff.

When my little boy, Saoirse Patrick died, I returned to that training grieving deeply. Mick, in his quiet way, held a beautiful and safe space for me. We had many gentle moments, that meant so much to me in that

time and for which I remain ever grateful. He never intruded but had a way of saying something, as I met him in a corridor or in the smoking hall, that touched me healingly. He once told me he saw me like a tree he had once seen that had been struck by lightening but that still lived and grew stronger. I wanted to be like that tree. In the last week of the training he gave me a jar of water from a holy well in the Burren and asked me to allow it nurture me, in the way that water nurtures, so I could be like that tree . I still have that jar of water and often remind myself of the wish he had for me as he gave it to me.

I was honoured to attend his first workshop last November twelve months, in a damp wintery Ennis. I remember the generosity of his home both that day and in the evening I spent with him, sharing about the Animalwork. He was so joyous. "Whoever named it the PERSONAL Totem Pole was right" he said. "it is personal, individual". For him, that was a major element in the work he did and echoed the uniqueness of his soul.

Thank you Mick for your presence. I am grateful to the Universe and The Great Spirit that our lives touched, however briefly. May your Journey be in Peace.

Mary Diggin

Mick Grant, Veronica Rock, Carmel Robb, Dido Stapleton and Steve Gallegos

Workshop Leader Training Kinvara, Ireland February 2000



Theory in Deep Imagery has been studiously avoided in order that people may learn and grow from their own imagery rather than getting caught up in trying to make their imagery fit with the expectations of a theory. Avoiding the potential of theory 'strait-jacket' is important since many of our psychological injuries come from forcing our personalities into pre-conceived notions of who we should be. One of the great values of Deep Imagery is the space it provides for individuals to successfully express through imagery the genuine nature of their own inner being.

Nevertheless, when I gave the April talk at the C G Jung Society of Queensland, I found that people there appreciated being able to intellectually relate the Deep Imagery process to Jung's Active Imagination process.

One of the initial challenges for some people in working with imagery is the tendency to feel that they are somehow 'not doing it right'. The person might feel that the image that comes is not correct. Sometimes they say there is no image although, frequently, when I ask further, an image or an experience has taken place and it has been discounted. I think that these responses reflect the injuries that have been done to us in our social upbringing whereby people in our lives have denied or rejected — often unconsciously and with the best intentions — important expressions of who we are. We internalise those injurious patterns and we learn to discount important energies within ourselves.

Hearing Jung's advice on what the Active Imagination process is and on how to do it seems to provide reassurance and permission for people to more readily accept whatever images arise. In the five-minute imagery journey at the end of the meeting, people readily experienced their imagery, in some cases with profound insights.

What was it in Jung's ideas that helped people to so readily trust their imagery process? To paraphrase Jung from his commentary on "The Secret of The Golden Flower", 'the process is a simple one, if only simplicity itself were not the most difficult thing. A scrap of fantasy comes and floats away. An image seems too stupid or irrelevant.' In Deep-Imagery speak: the animal or image that comes is exactly the right one. Jung writes on extensively to show the importance of respecting those wisps of imagery that arise.

Another helpful idea from Jung is his observation about what people did to reach a new level of awareness within themselves, roughly equivalent to our imagery process. Again I paraphrase as I do not have the book to hand. He wrote 'They did nothing (wu wei – action through non-action) but simply let something arise of its own accord'. Jung is describing an attitude to ourselves of letting imagery arise without trying to impose expectations on it: easy and not so easy at the same time.

The CG Jung Society of Queensland will host a talk and a one-day workshop by Steve Gallegos in the week prior to the Festival of the Animals in October this year. Jung Society members keenly look forward to meeting Steve and to hearing more about his work.

Frank Coughlan

Hello, happy springtime greetings from the Black Forest

On my path with the animals, all five visions which were given to me in 1995 at the Festival of the Animals held in New Mexico have come true: \* spread the work, \*move back to my roots, \*bring healing to my blood family, \*organize the Festival 1999, and \*create a nest with a warm fire in it where people can come to for healing – the Auerhof. I am so happy that my animals guided me and gave me clarity and strength to walk on this unique path of mine.

My journey continues with being invited to bring myself and the animals to various places now: \*At Volkshochschule (public evening school for adults) at Offenburg a cycle of six evening workshops has just ended, and almost all participants want to continue with my ongoing groups at Auerhof and ask for single sessions , too. \* At Freie Waldorf Schule (Free Waldorf School) at Offenburg, I will hold a three days workshop from April 27 to 29. Waldorf students of age 15 to 18 from all over Germany will come together for a five days meeting on the theme "Encounter of Second Dimension – The art of meeting with one self and others". This is a real highlight for me , and – WOW – another dream comes true!

Silvia Figel, Workshop Leader at Gengenbach, Black Forest, Germany





This is the place for letting us know what is happening in the animal communities around the world. Please keep it short and relevant! Tell us what is happening and also what it means to you.. Photos etc are also appreciated.!

### Ireland News

The Irish Animal community continues to thrive and is as busy as ever. Thanks to Audrey Dickson for most of the following information.

Margaret Vasington leads a workshop May29 - June 2 at the Burren Holistic Centre. Bookings to Tom Lane at 0404 62323/086 8113094. Margaret is also doing a workshop in Greystones 27-30 Sept. Info also from Tom Lane at 0404 62323/086 8113094.

Barbara Trawinski is running a workshop on Connecting to the Earth, also at the Burren Holistic Centre from 12 - 14th April.. This is not specifically a Totem Pole Workshop. She can be contacted at 098 21641.

The Irish Animal Community has been holding gatherings for many years. The next Gathering for will be in the Burren Holistic Centre 27-29 April. Info also from Tom Lane at 0404 62323/086 8113094.

Mary Diggin and Phee Brooks return to Ireland in June 2002 with a Celtic Visions and Deep Imagery Retreat in the Burren. This promises to be a great week. Information from Phee Brooks: heartspirit@hotmail.com

### Australia News

Work continues on organizing the Festival of The Animals for October 2002. More details are to be found later in the eTotempole.

Frank Coughlan also continues to offer Imagery Workshops in Australia and also was elected as president of the Jung Society of Queensland in March.



Congratulations Frank!!



The Animalwork is going to Denmark in August . This is the first time Steve will have held a workshop there.

Kaare Claudewitz, a Copenhagen Psychoherapist is organizing these workshops. Kaare is currently in training with Steve in Germany.

Date:29. August 2002 at 19.00: Evening talk in Copenhagen, Denmark, lead by Steve Gallegos. Contact: Kaare Claudewitz 0045-3990102 or email him at hypnose@webhuset.dk

Workshop: The Animals of the Emotions: The Pathway to Aliveness with Steve Gallegos.

Dates: 30-31. August 2002 in Copenhagen, Denmark

Contact: Kaare Claudewitz email hypnose@webhuset.dk or telephone 0045-39901029.

USA

Life seems to be as busy as ever in The USA.

The Animal community here prepares for the first ever Retreat Gathering for all Practitioners & 3rd Year Trainees to be held May 3-5 2002 at the Sky Meadow Retreat Center Burlington VT. Contact Debra Vickroy at debvickroy@aol.com for further details.

Given the continuous requests for advanced work in the PTPP®, the first week of the first ever year four training was held recently in NH. It was a worthwhile and very meaningful week according to all who participated. Thanks to Phee Brooks for organizing it. Heartspirit@hotmail.com

New Mexico looks to be a busy place for the Animals this summer!! In early July in Santa Fe, an IIVR Fundraiser will be lead by Steve Gallegos. Information from Rhonda Lumsford iivr@hotmail.com



NH Training Group

River Spirit, continues to offer a place for workshops and the experience of New Mexico. In July River Spirit hosts a Womens Workshop lead by Mary Diggin and Glenda Whitefrom the 19th to the 24th. Contact: Mary Diggin at animalwork1@yahoo.com for more information.

In August 7-11 Steve Gallegos will lead an "Into Wholeness" workshop. This workshop is open to all participants. More information can be gotten from Steve at: eligios@espanola.com Tel: 1-505-852-4897 and from www.moonbearpress.com.

Ongoing this year, Jeannette Samanen offers year Two of her training in Philidelphia. This training is being held over 4 weekends. For more information contact Jeannette at jsamanen@worldlynx.net

Ann Roberts will be leading a n Initiation into Elderhood: A Vision Quest , September 25-Oct2 2002. Information from soulcraft@animas.org



Kiki and William Larro have a new e-mail address for the Totem Pole correspondence. totempole@onlinehome.de

Please correct you address books accordingly.

### Austria

Work on festival 2004 has already begun. The committee for the Austrian Festival in 2004 held its first meeting a couple of days ago. The dates suggested are June 9-14, 2004 and a place in the mountains, the details will be talked about by the end of May.

### switzerland

Another First!!!

Week two of Workshop training will be held in Switzerland September 8-14 at Rigi Mountain . All applications are welcome from Workshop leaders. This will be a bilingual workshop ie in german and English. Rosa Kolmar is organizing. rkolmar@hotmail.com

### Rosalie Douglas

### Dear Friends,

As most of you know, Rosalie Douglas suffered from an aneurism behind her left eye on february the 4th 2002. After an operation in which 11 feet of coil was placed in the blood vessel and some time in intensive care and rehabilitation units, Rosalie returned home. She continues to recover well but wanted to share some photos of her stay in the hospital with the Animal Community.



A Close up of Rosalie, sitll attached to respirators, heart monitors etc.



Rosalie in the Intensive care unit.



Steve Gallegos and Rosalie.



The view from the bed! Sometimes the Television showed pictures of cute puppies, kittens and other animals. The drawings etc are all from Rosalie grandchildren

Thanks to all of you who sent your love and energy. Rosalie is doing really well these days. She is home, walking, driving and gaining strength everyday.



# International Imagery Festival

International Festival of the Animals 2002

from \$350 to \$450

## Australia

Camp Bornhoffen Numbinah Valley Gold Coast Hinterland Sun. 20 to Thurs. 24 October 2002

moo. Yaagamadaab. www

Festival Latest news

Australia. Personal growth opportunities and Ireland, Switzerland, Germany, Italy and shops. Facilitators and attenders from USA, Four days of imagery and creative work-Yoga, Talks, informal fun and more. plain fun. Drum-making, Tai Chi,

Check out the website photos of last year's Festival to get a feel for what this year's Festival might be like. First festival in Australia.

nings of chat, music and enjoying the peaceful energy from the valley. Meet festival goers, perhaps including your Mornings full of imagery workshops, afternoons of creative workshops, evelegos. Browse arts and crafts made by the founder of Deep Imagery, Steve Galown. Learn about Australian Aboriginal culture and spirituality and much more. All Welcome.

Festival Booking online ,by Mail and by Phone

Sunday 7pm to Thursday 11am Discounts for early booking

For Bookings and All Enqueries: Frank Coughlan, 10 Hampson St., Kelvin Grove, QLD 4059 Email: frankacoughlan@bigpond.com **Phone:** (07) 3356 1127

Web: www.deepimagery.com



### International Imagery Festival Booking Information

International Festival of the Animals 2002

from \$350 to \$450

### **VENUE**

Camp Bornhoffen, Numinbah Valley, QLD 4211, Australia

### **Notes on Booking**

As an incentive, we offer a generous discount of \$10 per month to those of you booking and paying before the Festival Month: October.

There are Three Accommodation options from which to choose.

(Camp Bornhoffen Is divided into two camps: Upper and Lower. Accommodation options 1 and 2 are both in the upper camp. Option three is in the lower camp.)

Option 1. The Upper Camp has 9 hostel-style rooms with bunks. The rooms form a rectangle enclosing a pleasant, grassy courtyard with a barbecue in the centre. Separate ladies and gents showers are easily accessible from any bedroom. This is the cheapest option, yet loses nothing as a perfectly acceptable standard accommodation. (For rates, see side bar: column 1.)

<u>Option 2.</u> Four rooms each with 3 single beds also form part of the rectangle. This option offers more privacy for festival attenders who appreciate less social interaction at nighttime.

**Option 3.** The lower camp has well-designed modern bunk units incorporating walk-in showers and a relaxing deck area where you can sit and chat, read or simply appreciate the beautiful view across the valley.

### Children

Children aged 12 and under can attend the Festival for a subsidised fee of only **AU\$30 per child**. All children and young people will be most welcome. The Festival will include a program of childrenis activities.

### **Sleeping Bags**

Each festival attender must bring his or her own sleeping bag and towel.

### Linen

Each attender must bring sheets and a pillow case OR alternatively, one can hire these from us for \$20.

### **Payment Options**

Visa, Mastercard, Bankcard, Cheque, Money Order, Cash (by hand).

Payment in two or three instalments is also an option. Please phone, mail or email to arrange. You can also book and pay online at:www.deepimagery.com.



# Festival Booking Form Please Read Notes Overleaf Before Completing This Form

option no costing \$sets of linen @ \$20 each = \$	Do the sums here! Accommodation \$ (incl All Meals and Workshops) Children \$ Linen. \$  Total I Pay. \$  Exp. see	
_I want Accommodation I want	Hancolands   Do the sums here    Accommodation   \$\frac{\text{Enal}}{\text{(incl All Meals and Workshops)}}     Emal	
l am booking during the month of lam bringing Children @ \$30 each = \$	Gheques to: Imagery Festival a/c Post to: Frank Coughlan 10 Hampson St. Kelvin Grove QLD 4059 All Enquiries welcome 07 3356 1127 frankacoughlan@bigoond.com www.deepimagery.com	

Month	Option 1	Option 1 Option 2 Option 3 Month Option 1 Option 2 Option 3	Option 3	Month	Option 1	Option 2	Option 3
October	420	435	450	June	380	395	410
September 410	410	425	440	May	370	385	400
August	400	415	430	April 360		375	390
July	390	405	420				
Extras: C	Children \$30 Linen hire \$20	Linen hire	\$20				

All Prices in AU \$ (Australian Dollars)
Please State which option you require when booking